

New Masters Class on Wednesdays.

Jennifer Girard will teach an "Off-Trail Cruising - a Lightweight XC Ski Touring Class."

This program will enhance your off-trail uphill and downhill skiing skills and increase your confidence in variable snow conditions. (Powder Picking for Adults.) Skill development will progress from flat off-track skiing and terrain to skiing hills, up and down, in various snow conditions, learning various types of techniques and turns. Improve your overall XC skiing, explore new terrain, and get some great exercise and enjoyment, all while learning new skills.

This class is not intended for beginner XC skiers. Students must be able to snowplow and stop confidently and have several years experience in XC skiing. Ideal gear is a metal edged XC ski with scales and a heavy step in binding, such as the NNN-BC or the SNS-BC bindings. The boot is a taller beefier version of a XC ski boot with a plastic cuff support. Adjustable poles with a powder basket are ideal but a shorter XC ski pole will also work.

The cost of the class will be the same as for the other Master Classes, \$ 310.00 for the season and you will need a valid Tamarack Trail Pass. Need minimum of five persons to make the class go.

For more information call the Tamarack Cross Country Ski Center 760-934-2442 extension 8 or email Jennifer Girard at: jennoerdlinger@earthlink.net .

Demo Day on Saturday December 10th 2011

Rossignol and Fischer will be here and possibly Madshus. Tamarack Cross Country Ski Center, December 10th from 10:00am - 2:00pm. Trail Pass is required to test. This is a great opportunity at the beginning of the season to come to Tamarack Cross Country Ski Center and find out on what is new on the market and decide on what to buy for the this year. They will not have every product here, but you will be able to talk to the experts to find out about something you may want. Come up and check it out.